

# Ron Towner

## *Hillcrest High School*

**Presentation:** Sprint Program

**Bio:** Ron Towner is entering his sixth year as Head Men's Track and Field Coach at Hillcrest High School. He previously served as Head Track and Field Coach at Crete-Monee High School as well as T.F. North High School. This is Coach Towner's 12<sup>th</sup> year coaching track and field in the state of Illinois.

Hillcrest Track and Field has been a highly successful program for more than a decade, winning 13 of the past 14 Varsity Conference Championships. Coach Towner considers it an honor to be able to be a part of this vast tradition. In his tenure as a head coach, Towner's team brought the first Sectional Championship to Hillcrest in 2006 and another Sectional Championship in 2009. He has coached over 60 state qualifiers and 26 state medalists. His 2009 State Championship team was the first ever team championship at Hillcrest High School. The Hawks were champions in the 4X100 meter relay, the 4X400 meter relay and the 110 meter high hurdles. Hillcrest's 93 points were the second most team points in IHSA State Final history and their margin of victory (46) was the second most in IHSA history also.